

SPRING HS WATER POLO

High School Night League



Water Polo training is fun and greatly contributes to aquatic and general fitness. If you are considering Lifeguard Training, playing water polo can greatly enhance your aquatic stamina.

Many Saanich Water Polo Players are active Lifeguards!

Water Polo Practices are held Wednesday Nights at Commonwealth Place Pool, 7pm-8pm

No experience necessary! Contact SWPS at waterpoloschool@shaw.ca to try out or call 250-514-9236 for more information.

WATERPOLOSCHOOL.COM