



**Parkland**  
Secondary  
School



## Parkland Sailing Academy

Registration Package includes:

- 1-Application form
- 2-Student Code of Conduct
- 3-Waiver (SNSYC: club where school sailing instruction takes place)
- 4-School sailing information sheet

Forms 1, 2 and 3 need to be completed and handed in with payment to the Parkland office school Accounts, Christine Bennett.

Deadline for Spring sailing applications is March 8<sup>th</sup>, 2019.

Students in grades 6 – 12 are welcome to join.

Parkland, NSMS, Bayside and Stelly's included.

For more information please check out our Parkland Marine Academy on our Parkland website [parkland.sd63.bc.ca](http://parkland.sd63.bc.ca).

Or contact Christine Bennett by email [cbennett@saanichschools.ca](mailto:cbennett@saanichschools.ca) or phone 250-655-2736.

Spring Sailing starts the beginning of April and ends June 8<sup>th</sup>.

Fall Sailing starts mid September and ends the end of October.

10640 McDonald Park Road  
North Saanich, BCCanada  
V8L 5S7



## Parkland Sailing Academy Application Form

Please print clearly

Name: \_\_\_\_\_ Student #: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Grade: \_\_\_\_\_ School: \_\_\_\_\_

Parent/Guardian Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Parent Phone: \_\_\_\_\_

Emergency Contact: Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Any Medical conditions instructors should be aware of:

\_\_\_\_\_

Medical/Care Card # \_\_\_\_\_

Sailing Ability: Beginner \_\_ Intermediate \_\_ Advanced \_\_

Course fees:

- Sept – Oct (5 weeks): Fall Sailing League \$200.00
- April – June (9 weeks): Spring Sailing League \$300.00

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(for office use only)

Approved by: \_\_\_\_\_ Date: \_\_\_\_\_

Please contact Christine Bennett [cbennett@saanichschools.ca](mailto:cbennett@saanichschools.ca)

2018-2019

## Sidney North Saanich Yacht Club

2018

### STUDENT-ATHLETE'S CODE OF CONDUCT

The actions of a student-athlete are a reflection of themselves, their team, their school, and their community. Participation in school sport is a privilege; it is not a right.

Student-athletes will at all times:

#### Treat Everyone with Respect

- Treat coaches, team-mates, opponents, parent/teacher sponsors, event organizers and spectators with respect
- Treat Club property and equipment with respect
- Follow the instructions of coaches, parent/teacher sponsors, and regatta organizers
- Compete in the whole race series except in cases of injury, illness or gear breakdown.
- Respect, and accept with dignity, the decisions of officials
- Be gracious in either winning or in losing

#### Exercise Self-Control

- Refrain from the use of illicit drugs or alcohol
- Refrain from the use of foul or profane language
- Conduct yourself in an acceptable manner, proudly representing your team and Sidney North Saanich Yacht Club

#### Play Fairly

- Play within the rules, and the spirit of the rules, at all times

Student-athletes have the right to be treated fairly and respectfully in return.

### SAILOR/PARENT CONSENT FORM

Name of sailor \_\_\_\_\_

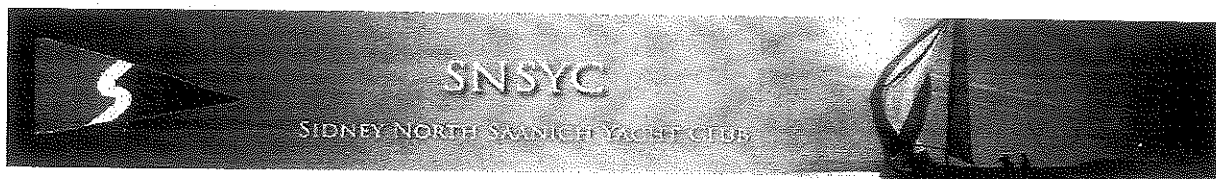
I have read the information regarding team policies and the Code of Conduct. I agree to abide by these policies and the decisions of my coaches and parent/teacher sponsors. I understand that all school policies are in effect during practices, races, and regattas. I will inform my coach if I am unable to attend a practice or a regatta. I understand that failure to comply with the Code of Conduct may result in the non-refundable loss of my privileges at Sidney North Saanich Yacht Club, and end my participation in the Sailing League.

Signed \_\_\_\_\_

Date \_\_\_\_\_

Name of Parent or Guardian \_\_\_\_\_

As the parent/guardian of the sailor, I give permission for my son/daughter to participate on the sailing team. I understand that participation in this activity requires adherence to certain rules and regulations. I know of no reason why my son/daughter would be incapable of participating on this team, and understand that anyone entering into a competitive athletic program should be physically able to participate in the activity. (If there are any limitations or concerns that the coach should be made aware of, please contact the coach or teacher sponsor prior to the start of the season). I understand that participation will



**Sail Training Waiver and Release of Indemnity:  
Sidney North Saanich Yacht Club (SNSYC)**

Participants and their Parent/Guardian are under the jurisdiction of the Sailing Program Manager and infractions of Sidney North Saanich Yacht Club rules or breaches of discipline will result in dismissal from the course or program.

I understand that a program of this nature contains an element of hazard and, in this respect; I accept the full responsibility for the presence of the participant, myself, and/or family members in this course or program and release and fully indemnify the Sidney North Saanich Yacht Club, of any and all liability associated with our attendance at the Sidney North Saanich Yacht Club or while engaged in Sidney North Saanich Yacht Club supported activities at another venue. The undersigned, hereby releases and indemnifies Sidney North Saanich Yacht Club, its officers, directors, members, servants, agents, instructors, coaches, and volunteers and each of them, of and from all claims, damages or causes of action by the undersigned or child or family member or any other person, arising or resulting in any way from the participation of the applicant in the program whether caused by the negligence of those persons hereby released or otherwise. I agree to be held responsible for any damage to club equipment or property caused by the careless, reckless or wilful conduct of family members or myself.

**RIGHTS TO USE NAME AND LIKENESS:**

**Sidney North Saanich Yacht Club (SNSYC)**

By participating in this course, participants automatically grant to the Sidney North Saanich Yacht Club the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure from the venue, without compensation.

I acknowledge that I have read this form in its entirety and understood it by initialing here or by clicking the box on the online registration page \_\_\_\_\_.

Signature of Participant (Or Signature of Parent/Guardian if under 18)

Print: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness Name:

Print: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Location: 1949 Marina Way, North Saanich, B.C. (Off MacDonald Park Road)

Phone: 250-656-4600

Fax: 250-656-6422

Mailing address: PO Box 2521, Sidney, B.C. Canada V8L 4B9

## *School Sailing*

### *At Sidney North Saanich Yacht Club under Parkland Sailing Academy*

The fall and spring sessions are an opportunity for sailors of all skills, ages and abilities to learn, train and compete in the sport of sailing within their community. No experience is necessary! The platforms used will be Club 420s and Optimist dinghies, depending on their age and stage of development. There are students from Parkland, Stelly's, Bayside and North Saanich Middle School.

#### *What does it include?*

The fall program runs end of September until beginning of November and the spring program is April - June. The programs include 5 hours a week of training (weekdays (tba) 3:45 - 6 and Saturday's either 9:30 - 12:30 or 1 -4). Each training group will be coached by a Sail Canada certified coach. There are 2 regatta's during the spring league.

#### *What do I need?*

During both the fall and spring sessions there is a high probability that we will run into a couple chilly water sessions. To make these days as productive and pleasant as possible we recommend a few clothing options:

- Wear wool if possible (merino wool is great). Stay away from cotton! This is very important as cotton has the effect of helping release heat.
- Have lots of layers. Layers are great because you have the choice of how much you want to wear.
- Good footwear will save the day. We recommend investing in a pair of neoprene booties, which can be found at Mountain Equipment Coop and many diving stores. If that is not a possibility your second best option is to grab a pair of neoprene socks and find a pair of running shoes that will not slip. Your feet will get wet each session launching boats and bringing them back on to the dock.
- You do not need to buy your own PFD but if you are looking at continuing in the sport of sailing it is good to invest in a PFD. The best option for sailing is a paddling lifejacket (you can get from MEC); a Salus lifejacket is another great option.
- A hat and sunglasses are a must to protect yourself from the harmful rays of the sun.
- Gloves are optional; as it gets cooler they are a good way to help keep your hands warm. We recommend gardening gloves, with the rubberized palms. They are cost effective and disposable.
- Also bring a small snack and a water bottle (easy to take on the boats). And an extra dry pair of clothes, just in case!! We are on the water after all!!